

INDIANA PROJECT LAUNCH PARENT CAFÉS

Informal gatherings that allow caregivers to build leadership and relationships as well as protective factors that help to strengthen their families.

Be Strong Families



PROTECTIVE FACTORS

PARENTAL RESILIENCE

Managing stress and functioning well when faced with challenges, adversity and trauma

SOCIAL CONNECTIONS

Having a sense of connectedness with constructive, supportive people and institutions

CONCRETE SUPPORTS IN TIMES OF NEED

Identifying, accessing and receiving needed adult, child and family services

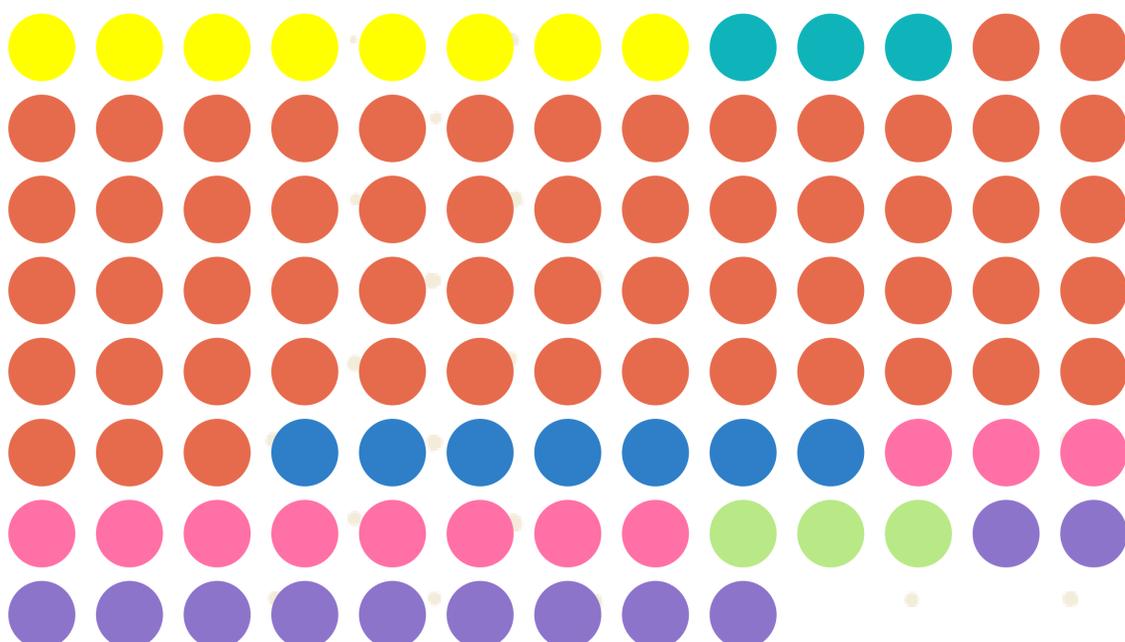
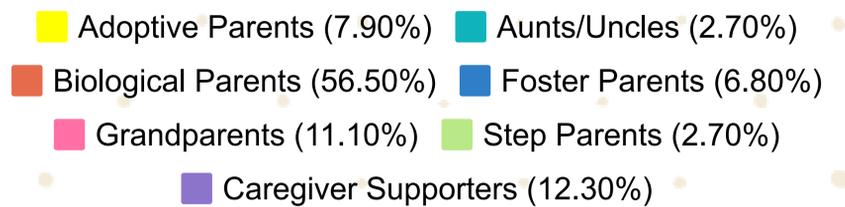
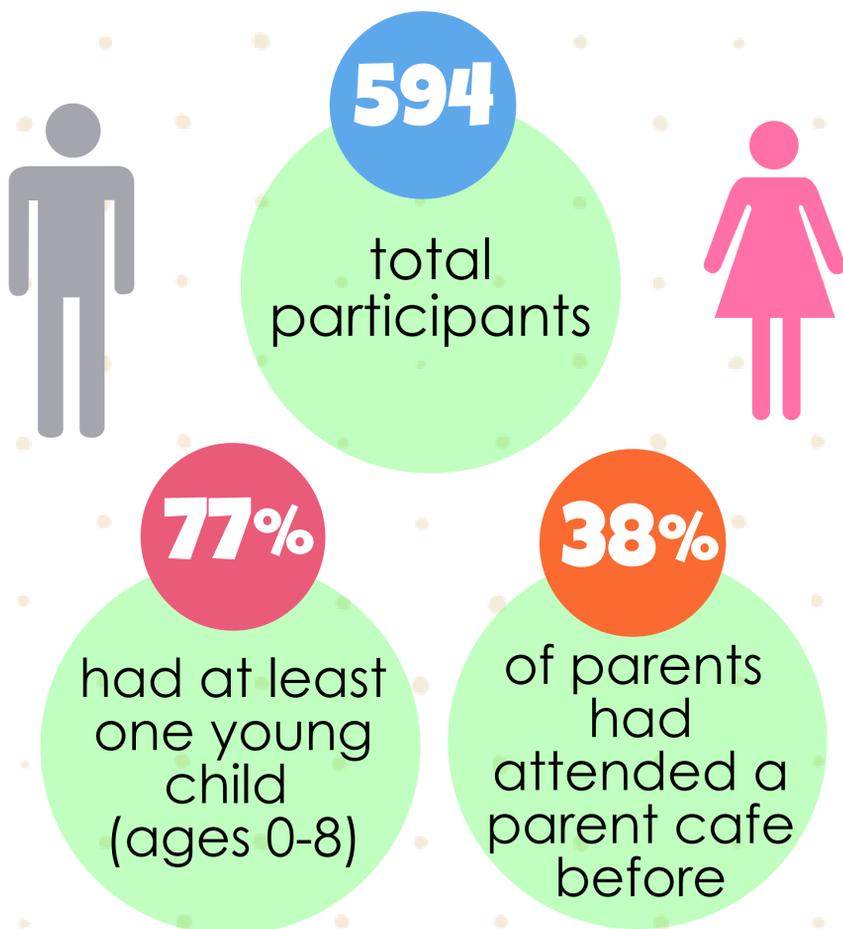
KNOWLEDGE OF PARENTING AND CHILD DEVELOPMENT

Understanding parenting best practices and developmentally appropriate child skills and behaviors

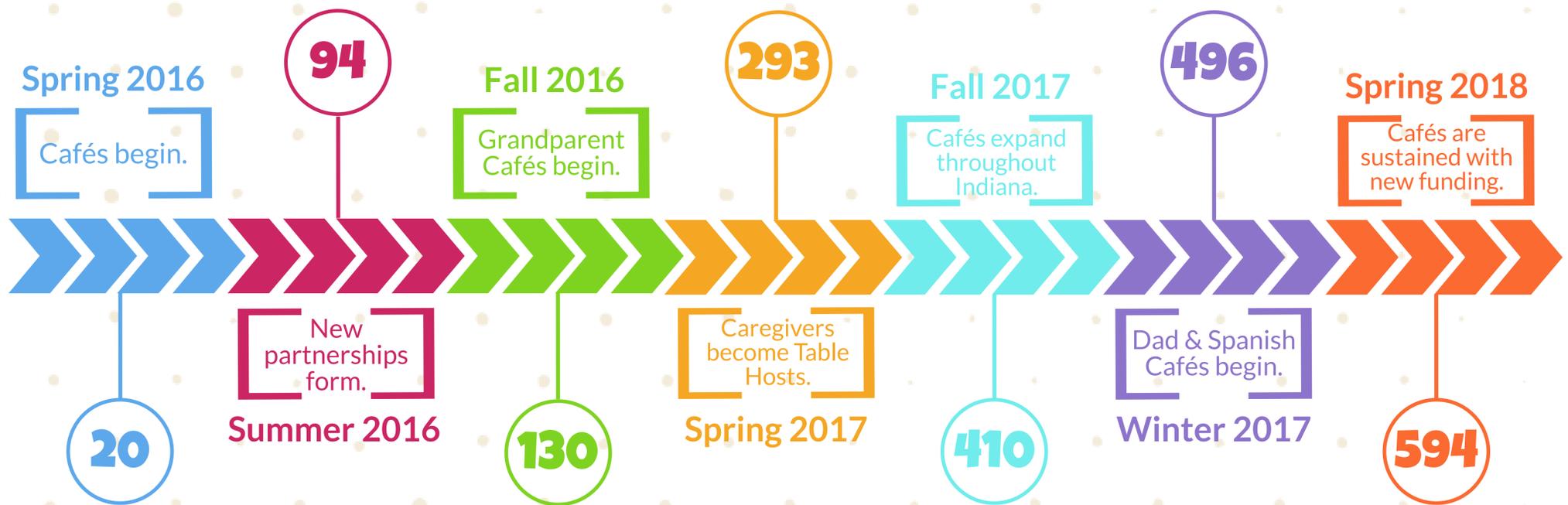
SOCIAL-EMOTIONAL COMPETENCE OF CHILDREN

Forming secure adult and peer relationships; experiencing, regulating and expressing emotions

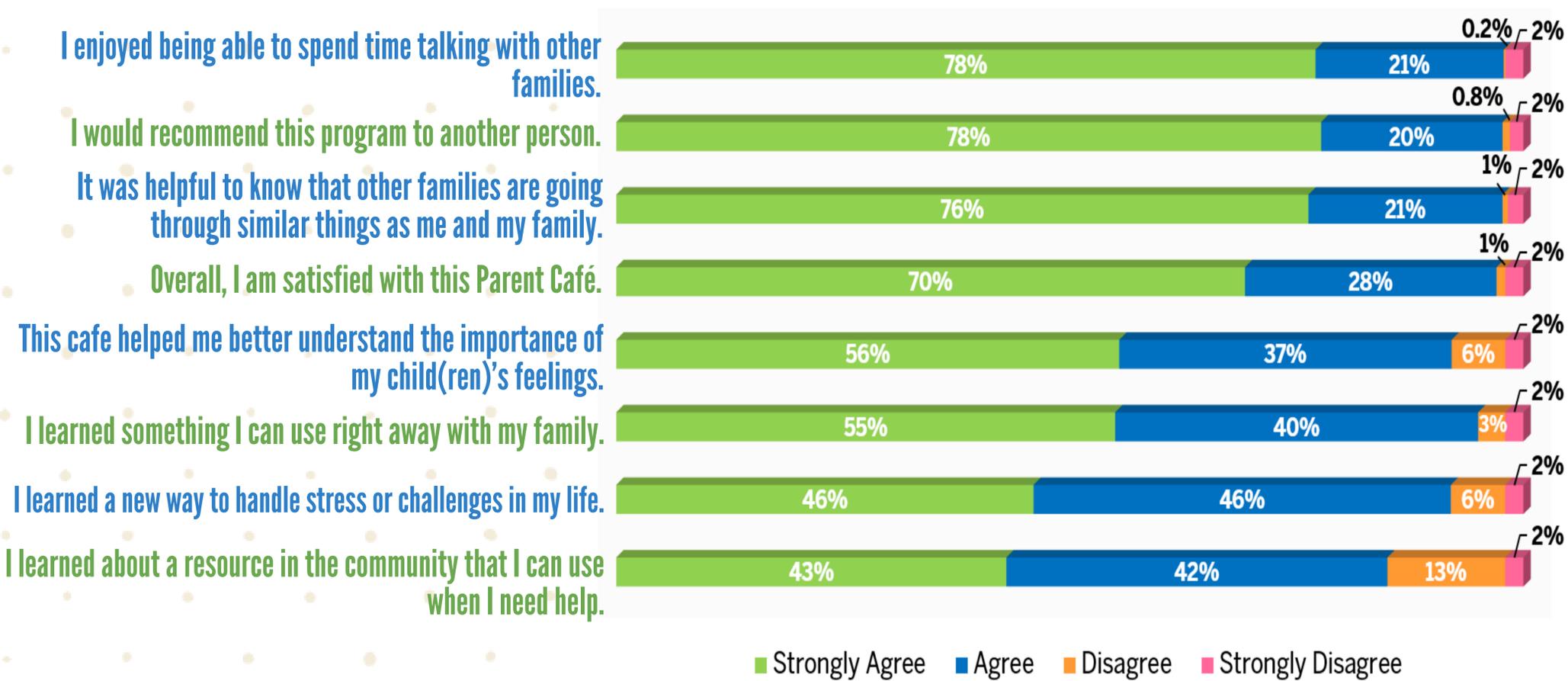
WHO ATTENDS?



CAFÉ GROWTH



CAREGIVER SURVEY



CAREGIVER COMMENTS

