

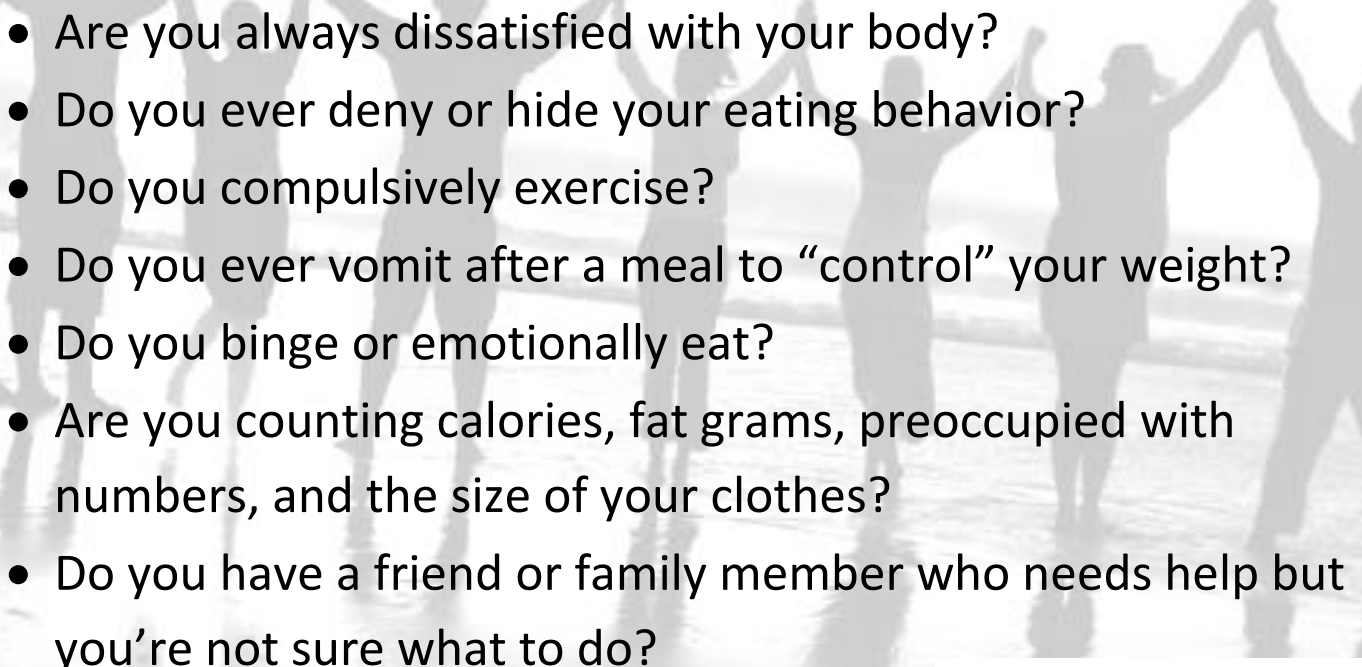


## Eating Disorder Support Group of Southeastern Indiana

Let's Talk

About it!

Constantly thinking about body image, food and weight...?

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- A background image showing the silhouettes of a group of people standing on a beach, holding hands and raising their arms in a celebratory gesture. The scene is set against a bright, hazy background, likely a sunrise or sunset.
- Are you always dissatisfied with your body?
  - Do you ever deny or hide your eating behavior?
  - Do you compulsively exercise?
  - Do you ever vomit after a meal to “control” your weight?
  - Do you binge or emotionally eat?
  - Are you counting calories, fat grams, preoccupied with numbers, and the size of your clothes?
  - Do you have a friend or family member who needs help but you're not sure what to do?

### Group meeting information

When: Every Friday 6-7 p.m.

Location: Lawrenceburg Community Center  
423 Walnut Street,  
Lawrenceburg, Indiana 47025

**For more information, call or email:**

**Lara Komon at 859-496-1206 or [larakomon@yahoo.com](mailto:larakomon@yahoo.com)**

**National Association of Anorexia Nervosa & Associated Disorders**

P.O. Box 640, Naperville, IL 60566 [www.anad.org](http://www.anad.org)

